

"SPACE CITY SKI CLUB"

Skiers' Clothing and Equipment Suggestions

GIRLS! The following information will be of interest to you and also to the boys, in part, who are planning a ski trip to Aspen this year.

On your first trip to Aspen it is a common practice to borrow clothes that you wouldn't ordinarily wear again, except at a ski resort. Some prospective skiers do this when possible to avoid an unnecessary expense, in case they are not considering a return trip (which is very unlikely!!). However, for the majority of us not so fortunate as to have a "skiing buddy" the same size, we have listed the suggested clothing and incidental items we feel are necessary for the trip, along with some of the prices.

Ski Wear

Approximate
Price

Cotton-Knit Underwear, Long (top and bottom)
2 sets, white is best, with turtle-neck top.

\$6.00 set

Ski Pants (White Stag)

\$15 to \$50 pr.

1 pair--the Suburbia line is the least expensive. The higher the price, the more tailored the pants. Basically they're all made of the same material.

Socks

3 pair heavy wool
3 pair smooth cotton or nylon (the "smooth" is emphasized for the sake of comfort while skiing, because your ski boots must be snug at the ankle---the cotton or nylon go on first, with the wool over them)

Mittens, Water-Proof (insulated nylon with leather palm)
1 pair, long

\$3.00 pr.

Ski Jacket or Parka (1)

Quilted with concealed hood and zipper pockets, or
Wind-proof nylon shell

Sweaters

2 or 3 heavy wool

Wide Head-Bands (2)

These serve a dual purpose while skiing--keeps your hair out of your eyes and your ears warm. A scarf would never stay on.

Sea & Ski Suntan Lotion

Take plenty--you will use this 2 or 3 times daily to prevent windburn and sunburn.

Sunglasses (2 pair, or 1 pair of goggles with interchangeable lenses)

1 pair green or brown lens for bright sun
1 pair yellow lens for dull or hazy days

NOTE: These suggested lenses have nothing to do with fashion, but are definitely a necessity for clear vision on the slopes.

After-Ski Wear

Long Pants (after-ski stretch pants, or slim jims)

3 pair, lightweight wool or lighter material is o.k., since you can wear your thermal underwear also, for added warmth.

NOTE: For those who prefer, after-ski stretch pants are also available with removable stirrups.

Sweaters and/or Blouses

Orlon sweaters are fine for after-ski, or over-blouses; but don't bring too many because you won't need them.

Gloves (2 pair)

Ordinary wool gloves or mittens will do.

After-Ski Boots (fleece or flannel lined)

\$8 to \$13

1 pair. Be sure they have corrugated soles and are comfortable.

Since you'll be wearing heavy socks with them, it's important that they're the right size.

Incidentals

Kleenex

Take plenty! You'll need a handy supply in the pockets of your ski jacket or parka, while up on the slopes. We flat-landers are not used to cold climate (say like 11° above!), or high altitude and do quite a bit of nose blowing!

Lip Moisturizer (Frances Denney, Revlon, etc.)

1 tube. You will use this often--keep in your ski jacket also.

NOTE: If your skin is dry, take moisturizer and night creams, etc.

Cold Water Soap Packets

1 box. You can get this at Foley's for about \$1.00.

Beauty-Shops

Unless things have changed since last February, the beauty parlors in Aspen are not very good. In fact, you'll find it's cheaper with more satisfactory results to do your own hair.

Most of the prices shown above are based on Oshman's ski wear. However, you will find an available selection at many of the other stores, such as Joske's, Foley's, Neiman's and etc. You may be able to find some things more reasonable elsewhere, or even improvise with some of your own clothing; if so, fine. The above is simply a rough estimate to give you an idea of what to expect. Our main object is to ski, keep warm, be comfortable, and most of all----have fun!!

"See you on the slopes"

Patti Cuckia

NAME _____

SPACE CITY SKI CLUB

ADDRESS _____

SKI EQUIPMENT

RESERVATION REQUEST

PHONE _____

TRIP _____ DEPOSIT _____

I need SKIS _____ BOOTS _____ POLES _____

Height _____ Sex _____

Weight _____ Shoe Size _____

NAME _____

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