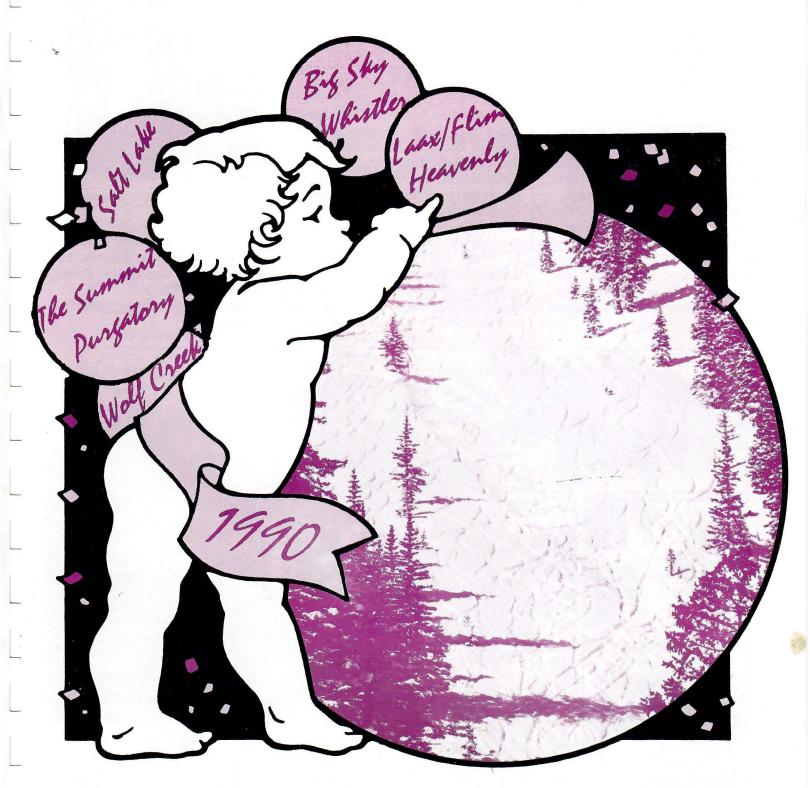


# The Sitzmarke

SPACE CITY SKI CLUB Vol. 22, No. 9 January, 1990





# **HEAD OF THE LIFTLINE**

The holidays are now over and the 90's are underway. Unfortunately, the Thanksgiving Snowbird trip was cancelled because of lack of the white stuff. The good news - we are still tied for 1st place for the Texas Ski Cup. Refund checks for Snowbird participants will be sent out as soon as we receive our money back from resort, airlines, etc. We appreciate your understanding.

As you read this, we have 160 + of our very finest who are skiing, partying and racing The Summit, and will undoubtedly have SCSC in undisputed 1st place. Which reminds me - the **JANUARY MEETING WILL BE ON THE 15th.** Be there as Summit's I, II, III, and IV bring home the trophy.

As has been mentioned several times, the nominating committee is hard at work on next year's slate of officers. These will be presented at the February meeting. If interested, read the qualifications in your directory, and contact **Harold Eaton** as soon as possible.

Several of your officers, Board members, and TC's attended a Texas Ski Council meeting in December. Bill Kirk, our TSC Representative, did a fine job in representing our club. Many thanks to our friends from Clear Lake Ski Club, who invited all attendees to join them at their annual Christmas party. Those who attended had a great time.

Some of the activities you can look forward to are Country Western Dance Night, Galveston Mardi Gras (guaranteed to be warmer this year), Pub Crawl, Breaux Bridge Crawfish Festival, Rodeo Night, Annual Campout, Dive Trip, Raft Trip, and Tennis Tournamnent. Bob Cruse has resigned as VP Programs for personal reasons. A replacement will be named shortly. Meanwhile activities will be coordinated through me.

"Hot Off The Press:" Craig Tharpe and Beverly Merritt are going to run an additional Snowbird trip in April; however, the destination will be to Vail. "Back to you soon with more



Jerry wishing all of us cheer for the coming year.

details."

Remember our Happy Hour this month on the 25th at Calypso, and Country Western Dance Night, Friday, January 19th at Daltons.

See you at the meetings and on the mountain.





#### 1989-1990 OFFICERS

Jerry Montgomery437-5467 President	(H)
Cheryl Clements	( <b>H</b> )
Bob Nielsen	(H)
Debbi Chrissinger870-0115 Vice President - Publications	(H)
Gloria Rooney499-4413 Secretary	(H)
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Pam Holder, Council Representative-Alternate

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#### SITZMARKE STAFF

PUBLISHER EDITOR

**CONTRIBUTORS** 

Space City Ski Club Debbi Chrissinger Jerry Montgomery Cheryl Clements Linda Licarione



### RACQUETBALL TOURNAMENT

Many surprises ... from a wooden racket to roses!

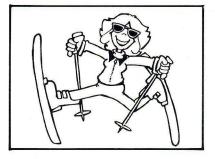
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# A GHOULISH HALLOWEEN!

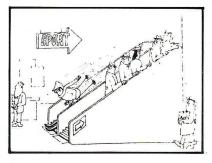
Goblins, Ghoulds, belly dancers, devils, priests and even undercover cops turned out for this event.

Page 6



#### FROM THE SKI DESK

Page 4



# SNOWBIRD..SLUSHBIRD

Skiing may have been cancelled but we survived.

Page 8

# **SITZMARKE**

The Sitzmarke is published monthly by the SPACE CITY SKI CLUB

Volume 22, No. 9

JANUARY, 1990

# PLUS Hot Gnus. Page 14 Trip Information Sheet. Page 10 Why Do We Get Altitude Sickness? Page 9 NASTAR Racing Tips. Page 12 Coming Events. Page 15

# FROM THE SKI DESK

There comes a time when no matter how hard you try, things just don't happen as they should. Look how hard Craig Tharpe and Beverly Merritt prayed to the Snow Gods and prepared for our first (Thanksgiving) trip to Snowbird, Utah, and what happened? The Texas Ski Council gave the participating clubs in the 1989 Fall Roundup a "No Snow" option, which meant there was no snow (at least not enough to have the Texas Cup Challenge Races). Well, as you already know, Space City exercised its right to cancel our participation as we were quite fortunate to recover the majority of our participants' money. But I understand that for those clubs that did participate on this trip, it was one BIG party, and they even got so much snow starting Friday night that the mountain was closed because of possible avalanches! Hats off to Billy Lynum, TSC VP of Fall Roundup for all of the long and grueling hours of work he contributed to make this trip a success.

As we canter through the calendar, you will see that Angel Fire has already come and gone and January not only brings us a new year but four groups in Summit County, Colorado trying once again to Bring Home the Cup with Wolf Creek, Whistler and Laax/Flims close on their heels. Final payment is now due for the three Heavenly trips.

February brings with it not only the coldest weather and probably the best snow, but your chance to ski that great powder in Salt Lake, Utah (of course, you don't ski Salt Lake City), Purgatory, Colorado for another chance to flaunt your skills on the race course, and to ski "The Sky" in Big Sky, Montana. Last on our agenda is the TSC Final Showdown in Heavenly Valley, Nevada/California. I'm sure

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#### LOREN GULLEDGE

Account Agent 7001 Highway 6 South at Bellaire Suite 236 (Target Center) Houston, TX 77083 Bus. 879-4885 • Res. 556-1370 this will prove to be another fantastic trip from all of the stories I hear about the party on the **Tahoe Queen!** 

Last month we mentioned that there has been a committee formed (wooden-cha-know) to look at how other comparable sized clubs in the mighty U. S. prepare for and conduct their trip sign-ups, take deposits, what their schedule planning involves and how far out their schedules are set. We've received some very interesting and perhaps useful information from these clubs and hope to share some of these with you in the near future. If you have any comments and/or suggestions you would like to share, just corner an officer or, preferably a committee member (me, Jerry Montgomery, John Rice, Dick Bryant, Ray Naudain, Gloria Rooney, and Debbi Chrissinger); we'll be happy to listen and chat with you on the subject.

With Jerry's nominating committee in place and already working hard to assemble a new slate of officers for the 1990-91 season, it's time for you to start thinking about volunteering for TC and/or ATC. I know it may seem a bit early to think about committing to do something a year ahead (especially when this year is hardly started), but the new VP of Trips will begin looking at putting together a new schedule in March or so, and hopefully can have



TCs and ATCs in place in early May. It takes a lot of time and dedication to run what everyone hopes to turn out to be a successful ski season, so the earlier we start thinking about volunteering (there's that word again!), the easier everyone's jobs can be and the sooner you'll start having fun!

At any rate, I hope that you all will join us skiing at some time or another this year. We've really gotten off to a slow start, but 1990 promises to be a great year for skiing, so get those skis tuned if you haven't already, shine your boots and clean those ski clothes and jump on the mighty old ski wagon (or was that the proud bird with the golden tail?). Hope to see you on the slopes.

# 1989-1990 TRIP STANDINGS

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Two hot dames! "Raymona" Naudain and Fat Farm Dropout Gene "Edna" Michaels.



Ron and Roberta Rambin, Chuck Ratliff and Sy Liebergot preach to "Devil" Ed Cain to change his ways.



Who are all these people?

# A GHOULISH WEEKEND - HALLOWEEN 1989

by Linda Licarione

On Saturday, October 28th, 70 plus ghouls, goblins, flashers and assorted other characters were sighted moving North on Interstate 59 to the Morgan's Haunted House on Lake Livingston for a weekend of fun and frolic.

Many Grim Reapers, including Kathy and Charles Morgan, Tom Hogle, Olga Moya, Floyd Hanks and Ron Flowers were seen reaping everything but Grim among party goers. While "Flashers," Craig Thorpe, Sy Liebergot and "Prince" Robbin Anderson kept the Group well stimulated, the Cajun music kept Jokers Layna Adams and A. G. Davis tearing up the dance floor.

As the night rocked on, "Fat Farm Drop-Outs" Mike Moldofski and Gene Michaels worked out on the dance floor, along with Chum "Chai Merlyn" Harger and voluptuous SHE-DEVIL Michelle Lamb.

Creativity was not lacking in the costumes this year. Best Costume Awards went to Captain Hazelwood (Peggy Donley) and the EXXON Valdez (Jerry Montgomery), Singin' "Bubba Bob" La Stracco and Belly Dancer, Extraordinaire Debbie Bergeron. There was tough competition from "Raymona" Naudain. Apeman Tim Morton, Under-Cover Cops Cheryl Houge and Harry Gastin, General Custer Max Langley and Pocahontis Sandy Hoffman.

Christmas Present Cissy Dutcher brought Holiday Spirit to the group while ingenious Barbara Bush (G. A. Addicks) reminded us what a political jungle it is out there. Throughout the evening, the Devil (Ed Cain) was seen trying to convince Father Ron Rambin, Sister "Mary" Roberta Rambin and Preacher Chuck Ratliff to sell their souls. It was rumored the Devilish-Angel Rose Tortoricci had sold her soul for a trip to the Big Apple (actually New Jersey).

Other hits at the party were The Fonz Paul Blankenship, Sheena, Queen of the Jungle (Diane Usury and Billie Nowak), Zorro Vern Oliver, Saloon Girl Dawn Pyle, Little Bo Beep Peggy McLane, Punk Rockers Dennis Bentley and Pam Gillen, Lady Bugs Dick Howard and Beverly Merritt, Dr. Feel Good Ed Shinn, Nurse Good Body Shann Slavinn and Mummies Donna Repka and Greg Sears.

The bonfire was a favorite with Dracula Jerry Pyle, Artist Canvass John Cook, Chorus Line's Llona Wicks, Hippie Mark Russell, Grim Reaper Ginger Howard, Belly Dancer Suzan Miles and Sheik Van Miles.

At the wee hours of the morning, the last of the fun lovers Clown Bob Fried, Alfred E. Newman (Bill Kirk), Bat-Girl Shirley Lang, Pumpkin Protector Dana Wardell, Gene Davis and Black Widow Debbi Chrissinger gave up the all night vigil. (Debbi, who's shrunken head were you carrying?)

As the sun rose, the morning people began to stir in anticipation of the Bike Ride ahead. And it's true, no one has ever seen Michelle Lamb sleep.

After a hearty breakfast, twenty ambituous bikers led by **Ray Davis**, headed off to tackle the 10 and 20 mile bike routes. What a way to work off a hang-over? The less foolhearted remained behind to watch Sunday afternoon football. As the afternoon progressed, the weary ghouls and goblins headed back to the city leaving behind the Morgan's Haunted Castle until Next Year.

The weekend was a genuine success thanks to the hard work of Kathy and Charles Morgan and to my many other assistants. Til' Next Year!!



and wild beast.



"Jungle Jane" Diane Usury, Bat Woman (Shirley) with Floyd and his Ghoul, Ginger.



Bubba Bob La Stracco and Chum Chai Van and Suzan Miles en-Merlyn Harger.



joying one of the TSC sponsors .. Lite Beer.

# **SNOWBIRD / TRIP REVIEW"?"**

by Craig Tharpe

SCSC participants who planned to ski Snowbird found out that you can't fight Mother Nature. For the first time in several years, the Rockies had no snow for Thanksgiving. But never fear. TC Craig Tharpe and ATC Beverly Merritt opened their own detective agency and found out what our resourceful participants did for Thanksgiving.

A few people went skiing anyway. Sandy Hoffman went to Vermont and Kathleen Stermon went to Banff, Canada. Randy and Christie Drewett, Charles Williams and Michelle Darling went to Keystone.

Liz Stansfeld injured her knee training for the marathon. Jane Hoffman and Dave Hatton went to the circus and had Thanksgiving dinner with friends.

Carl Heller drove from Pennsylvania and got to Houston only to find out that the Snowbird trip had been cancelled! Ken Reding worked hard and then spent Thanksgiving with his wife, Lesa.

Jerry Montgomery and Peggy Donley transformed their home into "Cliff Lodge on the Lake" and shared Thanksgiving with Ed Cain, Debbi Chrissinger, Craig Tharpe, Sy Liebergot, Beverly Merritt, Dick Howard and Bob and Connie Nielsen. Beverly baked a cake with "Snowbird" written on it to look as though it was melting!

John Cook, TSC's VP of Marketing, spent most of his time working with other TSC officers to help sort out the Snowbird trip.

**Donna Kidwell and Frank Mangum** spent a romantic weekend in Galveston, while **Sharon Griffin** really

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had an exciting time chopping wood in Groceville, Texas. Lorelle Pottick went to the A&M/Arkansas game.

However, some people decided to stay in Houston and ski, believe it or not! "Rumor has it" that Mary Baxter, Jack Coblenz, Cheryl Crockett and Richard Wagner wanted to see snow so badly that they went to Astroworld to ski.

While others, like Craig Campbell, Dona Stanley, Roger McKillip, Ron Honefinger and Terry McGuinness skiied at the Sun and Ski Ski Deck all weekend. How exciting!!!

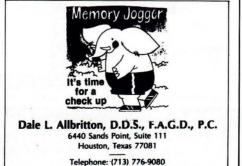
When asked what he did for Thanksgiving, Robert Dickerson said (with a gleam in his eye) he had two dinners with two "special" friends, (You rascal!) Bill Armstrong, Renee White, Mike Anthony and Joyce Ryan had dinner with friends.

Eric Aaafedt, Terry Endsley, Gayla Cawood, Kirby Contat, Mike Beck, Larry Landers, Allan and Mellody Panzer, George Hirasaki and Nolan Badeaux spent the holiday with their families.

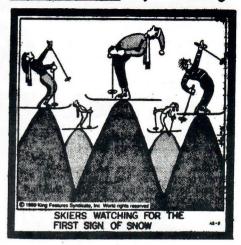
Ron Wallace went to Birmingham, AL; Christie Burke went to Austin and Bill Owens went to San Antonio. David Stotz had his holiday with family and friends.

Anita Yeomans spent Thanksgiving with her "sweetie," while Margrit Cater and Paul Wottring had a good time with friends.

Even though the trip was cancelled due to weather (or lack of it), Beverly and I enjoyed it because we met a lot of new and interesting people, so it was very worthwhile for us. T-H-I-N-K SNOW! SNOW SNOW SNOW SNOW SNOW SNOW SNOW



## Long Overdue by John Long





Outside the "Cliff Lodge on the Lake", ATC Bev Merritt shows Ed Cain and TC Craig Tharpe the "Melting Snowbird" cake.



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PAGE 8

# Hilly Headaches **Rocky Mountain Low**

Hold down the brews until vou're high a while

What feels like a hangover and grounds over-eager skiers visiting the Rockies?

It's acute mountain sickness (AMS) - and it's nothing to schuss at. Symptoms include: headache, nausea, lack of energy, minor shortness of breath and sleep disturbance. Mountain sickness is caused by going to a high altitude too fast for your body to acclimate properly, says Dr. Peter Hackett, director of the Mount McKinley Research laboratory at 14,000 feet in Alaska.

"The base cause is not enough oxygen in the blood," says Hackett. "People can get used to it if it happens slowly. But if it's too fast, they can get sick."

Most skiers won't be bothered at 8,000 feet, but many could be at 9,000. (Colorado resorts go as high as 9,500 feet; Utah soars to 11,000 feet.) "The chances of getting sick enough to keep you off the slopes for a day are 15% to 18%," says Hackett, adding that "it's the sleeping altitude that's most important."

Men and women are equally susceptible. But physical condition has no bearing on altitude illness. "The most fit get just as sick as the slobs," he says. To prevent AMS, Hackett advises not going straight from sea level to a ski resort if it's above 7,000 feet. Instead, spend a night at an intermediate altitude, such as Denver (5,280 feet). Avoid skiing hard on the first day and drink plenty of fluids -but not much alcohol.

"People always say you feel alcohol more at high altitudes," he says. "But it's really the other way around. You feel high altitude more if you drink alcohol." Plus, too much alcohol can mask AMS since the symptoms are so similar.

For an AMS headache, Hackett recommends aspirin or Tylenol and taking it easy; the symptoms should disappear in 24 hours. "Go for medical attention if vomiting or loss of coordination develops, or if there's any breathlessness at rest. Those are serious signs," he says.

Skiers prone to AMS might want to ask their physician about a prescription for Diamox, a drug that stimulates the respiratory system and works as a mild diuretic to reduce fluid retention. One caution: It can cause numbness and tingling in the arms and legs.

--- Elizabeth Kaufmann

# 1989 OSHMAN'S DOWNHILL

by Merlyn Harger

The racers peered up the mountain with warranted apprehension. Suddenly the mountain began to move - first slowly - then faster. Those who had raced before knew it was more difficult than it appeared. It was the 1989 Oshman's Downhill and the competition was going to be tough. The expert slope was challenged by Ann Bertolet, Billie Nowak, Ray Naudain, Gene Davis and John Cook. The less brave chose the intermediate slope. They were Ed Cain, Debbi Chrissinger, Nelson Turner, Dennis Bentley, Merlyn Harger, Mark Russel, Gail Quenneville, Debbie Kempler and Ron Honefenger. Challenged by coach and score keeper Michelle Lamb, they attacked the mountain one by one.

When the carpet fuzz settled and new SCSC member Stan Poladski had thrown out the last of the pink socks, dirty underwear and plastic mugs, the winners were announced. Ann Bertolet captured second place on the expert slope and took home a new ski parka to prove it. On the intermediate run, Merlyn Harger won a pair of Soloman bindings for first place and Ed Cain won a pair of ski gloves for third. When the points were totaled for the team effort, SCSC was two points short of 1st place. If only Debbi C. had made three gates. Just wait until next year. As for this year - a great big thanks to Oshman's for their hospitality. We were all winners of a good time and a 1989 Oshman's Downhill T-shirt.

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Gene Davis Lisa Smith Ray Davis Jan Eifert



At long last, Stan Poladski joined SCSC! Accepting his membership check is President Jerry Montgomery.



Mark Russel is bitten by a carpet snake.



"Coach" Michelle Lamb shows Gail Quenneville the RIGHT(?) form.



John Cook, asking "Michelle, is this the correct

# SCSC 1989-1990 TRIP SCHEDULE

(Any Information Shown on This Sheet is Subject to Change)

TRIP	DATES Depart Hou. Depart Area	Ski Days	Price	Final Pmt. Date	No. Skiers	Lodging Name No. Bedrm/Bath	Special Activities	Lift Ticket Prices	Trip Coordinator Asst. Trip Coordinators	Home Phone	Work Phone
WOLF CREEK	Jan. 18 Jan. 22	3	\$335	Nov. 13	26	Oak Ridge	Powder Lessons Breakfast Incl. Hot Mineral Springs	\$20/Day	John Cook	448-5012	999-0070
WHISTLER	Jan. 27 Feb. 3	6	\$752	Dec. 4	60	Tantulus 2 Bedrm/2 Bath	Water Slide Wine & Cheese Group Dinner	\$26/Day	Jim McIntyre Elaine Bell	558-5617 686-7197	556-3283 622-9990
**LAAX/FLIMS SWITZERLAND Texas Expedition	Jan. 28 Feb. 4	6	\$1186	Nov. 13	30	Panaroma Villarosa	Meals Included Swiss Party Awards Party	\$25/Day	Shirley Andries	879-9663	579-4700
SALT LAKE	Feb. 8 Feb. 12	3	\$395	Dec. 4	32	Hilton Salt Lake City	Pizza Party Park City Bash Gourmet Happy Hours	\$27/Day	Ed Kanyuck Sharon Inman	644-4432 445-3702	
*PURGATORY TSC Winter Shootout	Feb. 20 Feb. 25	4	\$420	Dec. 4	60	Tamarron	TSC Activities TSC Club Race Awards Party	\$17/Day	Elyse Turla Loren Gulledge	526-1564 556-1370	
BIG SKY	Feb. 24 Mar. 3	6	\$600	Dec. 4	38	Huntley Lodge	Wine & Cheese Snowmobiling Yellowstone Theme Party	\$23/Day	Kathy Walsh Tom Okamoto	498-4944 995-1391	797-3063 247-6492
*HEAVENLY I TSC Final Showdown	Mar. 11 Mar. 18	6	\$665	Jan. 8	40	Harvey's Resort Hotel	TSC Activities TSC Club Race SCSC Group Party	\$27/Day	Peggy Donley Debbie Bergeron	661-4740 367-7534	
*HEAVENLY II TSC Final Showdown	Mar. 10 Mar. 17	6	\$665	Jan. 8	40	Harvey's Resort Hotel	TSC Activities TSC Club Race SCSC Group Party	\$27/Day	Donna Repka Anita Yeomans	980-4403 796-8739	
*HEAVENLY III TSC Final Showdown	Mar. 10 Mar. 17	6	\$665	Jan. 8	40	Harvey's Resort Hotel	TSC Activities TSC Club Race SCSC Group Party	\$27/Day	Corkey Ament Connie Nielsen	568-7212 496-1345	

#### DICK BRYANT

Director of Trips - (H) 937-7533

#### CHERYL CLEMENTS

Vice President of Trips - (H) 341-6809

### JOHN RICE

Director of Trips - (H) 539-2517

## **NEWS FLASH!**

On December 2, 1989, Ted Bergeron achieved his goal of winning his first Gold NASTAR medal before turning 40 years old. Wait a minute, you say, Ted turned 40 in October! Well, that's true, but due to a miscalculation in handicap in a race run last February at Breckenridge, a Silver Medal was erroneously awarded. After being notified in November by the National NASTAR Committee that the correct handicap for that race was 19, not 21, his Gold Medal was verified and awarded by the Breckenridge NASTAR Skier Services office. Ted received his Gold Medal by mail on December 2, 1989, over nine months after he actually won it! Congratulations, Ted; we hope you win many more Gold Medals, especially now that you get all that extra handicap.



Sy Liebergot showing Ted Bergeron the difference between 50 and 40.

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## A Look at the Past

Sitzmarke newsletters from the early 70's to the present will be on sale at the January meeting. Buy a full year for \$10.00 or a "Special" month for \$1.00. Look into the past to see who was with who, where we went on ski trips, how inflation has affected trip prices, what crazy things Space City did for activities, or just read to enjoy. Look for the Sitzmarke table at the January 15th meeting.





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# SCSC RACQUETBALL TOURNAMENT

by Bonnie Hughes

On the evening of November 18, 26 participants gathered at the Bay Area Racquetball Club for a night of competition and partying, with an equal distribution of both. Layna Adams and Ron Noska marked their entry level as bad; I'm not sure that was their level of play or their reputation. Floyd Hanks says Ginger Howard's level of play depends on her level of madness; it must have been somewhat elevated because she won second place.

One of the most grueling matches was between men's B players John Rice and Mike Gerstenberger. It lasted for one and a half hours and ended in an 11-10 tie breaker. Both had previous softball injuries going into the match so their handicaps were equal and they each came out with new injuries. That division had to be decided on "a points scored" basis and John lost by one point.

Charlie Rau came fully prepared to play. He brought his competition racquet and his original "wooden" racquet for a back-up. I bet he has a pair of wooden skis he won't admit to owning.

Our only unfortunate incident was an eye injury **Tom Easley** suffered in his first match. We did't have a doctor in the house, but we did have a nurse. Ginger took control of the situation and kept every one calm. **Dennis Deavenport** was nice enough to escort him to the emergency room where he got five stitches and was told he didn't have any eye damage.

Oswald Castillo played his first match, took a breather, had a few beers, not realizing he still had one more match to play. That can throw your game off.

Mark Russell should get a congeniality award for volunteering to fill any category that lacked players. The

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LEFT: The party part of the Tournament.
BELOW: Charlie Rau showing Dennis Deavenport his prehistoric "wooden" racquet.

only catch was you had to provide him with a racquet.

I hope **Sue Salvage** learned her lesson. She signed up her friends **Gail Bergen** and **Diane Osborn** and they gave her no mercy. We did let her hold Diane's trophy for the pictures, in her absence.

There were complaints of having to play three matches in a row, but these same people were seen playing "fun matches" with the opposite sex. Dave Hatten made the mistake of challenging Suzanne Storey. What was that final score? Charlie challenged Bonnie and then accused her of cheating so we had to get Mark to referee.

After the playing was over we partied into the night. Everyone complained they were too tired to get up to receive their trophies or to pose for a group picture; but when it came to getting up to get a piece of cake, no one had a problem. We have our priorities!

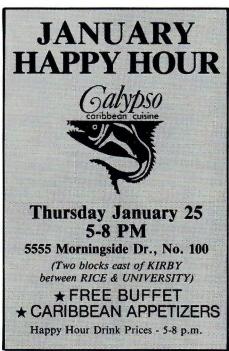
I would like to thank Suzanne, Nancy Pomeroy, Floyd, Ginger, Charlie, Dennis and Rodney Hughes for all their help cleaning up. A special thanks to Suzanne for getting us such a good deal on the trophies, to Rodney for checking everyone in and keeping up with the scores and to Irene Harrison and Caryl Lane for the beautifully decorated birthday cake; it was a wonderful surprise.

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Lite NASTAR Racing Tip
THE READY POSITION

1) An athletic stance is where every turn begins. Stand on the balls of your feet, with your knees slightly bent, holding your hands in front of your body. It is crucial to make a strong move to return to this "ready position" after each turn is completed and before the next turn is initiated.

SKI A HIGH LINE!

2) Skiing straight at each gate makes it increasingly difficult for the racer to round the gate that follows. To avoid this problem, allow your skis to cross the fall line until you are directly above the gate you intend to turn around. Waiting until this point to start your turn will help you make a shorter, faster are around the pole.



#### STAND ON YOUR OUTSIDE SKI!

3) Side cut, edge angle and where the ski is weighted will determine the arc of the turn. To apply these key factors, the skier must put the majority of his weight on the downhill ski. Independent foot action throughout each turn will dramatically increase your control.

#### **HOLD YOUR HANDS UP!**

4) A low-hand position pushes the skier onto the tails of his/her skis and increases the strain on the skier's quadracepts. The elbows should be moderately flexed, with the hands at chest level. This small change in hand position will increase your control by putting you in a strong skiing stance.



KEEP YOUR BODY FACING DOWN THE HILL!

5) The forces created throughout each turn will twist the upper body away from the fall-line making the tails of the skis skid. Squaring your shoulders to each turn will help you make a cleaner arc while avoiding skidding.

#### PLANT! PLANT! PLANT!

6) Planting your pole is the key to finishing each turn. As you move past the gate, reach down the hill and plant your pole near your tip. This motion will bring you over your outside ski to release the energy built-up throughout the turn.



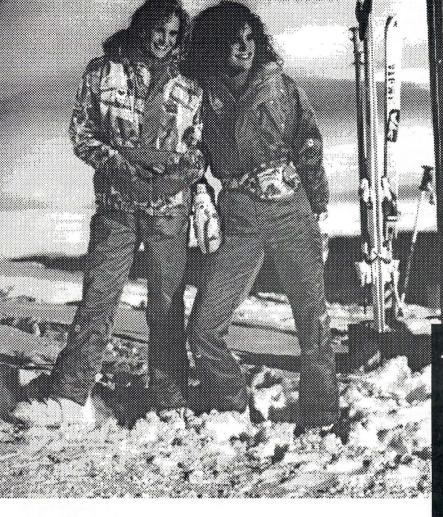
#### **GET OFF YOUR EDGES!**

7) After passing the gate and achieving enough direction to clear the next gate, it is important to release your edges. Move your hands forward while stepping off your downhill ski so that you can glide on a flat ski to the next gate.

#### **PUNCH IT!**

8) A strong finish can save you a tenth of a second and improve your NASTAR handicap. Stay in a low position with your weight on your heels. As you approach the finish line, reach forward with your hands to break the electric timing beam ahead of your body.

# SNOW BOUND!



The 1990 Völkl Skis Have Arrived!

P9 Series

· P9 SLC Ski

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- Renntiger R Ski
  - Targa R Ski

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# **HOT GNUS**



TC Craig Tharpe may not have seen any black diamonds over Thanksgiving, but is now seeing canary diamonds on her left hand.

. . . .

George Hirasaki has been chosen as the 1989 recipient of the Society of Petroleum Engineers' Lester C. Uren Award. This is one of the SPE major awards. It recognizes distinguished achievement in the technology of petroleum engineering by a member of the profession. George is employed by Shell Oil.

Sy Liebergot is singing around town again with the American Spirit Singers Association. They were last seen at the Galleria singing carols.

## **NEW MEMBERS!**

Adriance, Bill Beal, Barbara L. Belote, Farrald G., Jr. Belote, Gaylem Byerly, Janet K. Calaway, Geoffrey C. Castillo, Miro Colwell, Amy K. Crockett, Cheryl L. Davis, Brad D. Dickson, Dana J. Dudley, James J. Fleming, Julia A. Fuller, Burton K. Fuller, Marshal Graham, Martin Gruver, Phyllis Harvard, Danny E. Heatherington, Cathy C. Hibbs, Elva A. Holt, Rita Hornaday, David C. Hornady, Betty Johnson, Chris C.

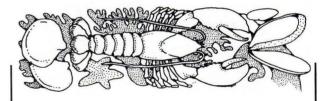
Jordon, Joe L. Kolb, Joy V. Kreitz, Ray G. LaBorde, Larry J. Lee, Valerie Lev, Ira J. Linwood, Susan L. Luchesa, Petra S. Maham, Judy L. Markarwich, Byron McNeme, Julie S. Mead, Patricia Morehead, William F. Mostert, Nick J. Muckerheide, Dan J. Mueller, Vonna Muniz, Anna L. Murray, Rebecca L. Newburn, Cecilia Osborn, Linda D. Page, Kimberly R. Panzer, Heather J. Poladsky, Stan

Pomerov, Nancy L. Richeson, Galen C. Rothermund, Michael Joan Sandstrom Scanlan, Diane S. Schoenike, Howard G. Shealey, Doug L. Slosar, Don Smith, Tim L. Snodgrass, Ty W. Steber, Judge Alan S. Stockman, Shirley Storey, Suzanne S. Summers, Scott L. Szlosek, Susan A. Thurman, Lee R. Trapp, Donald Trelewicz, Rita Vance, Joe L. Westergren, Angie A. Will, Diane C. Wise, Rick Woods, Lisa D.



Look for sign-up table at January (15th) Meeting

\* ADULTS ONLY



# Beaux Bridge 1990 May 4, 5, & 6

Plans are made, we are ready to go (almost). Beaux Bridge Crawfish Festival will be run this year by Melinda Jelks. For only \$84.00 we will spend two glorious nights near Beaux Bridge LA., enjoy a "party-ing time" on our bus ride to & from, spend the evening (upon arrival) dancing to a live band at the hotel. Enjoy all day Saturday at the Crawfish Festival and in the evening you might want to go to the Horse Races (this will be on your own!)Sunday we will be returning to Houston, after a stop at The Boondocks Restaurant in Beaumont for lunch and a visit with the gators. STOP BY THE Beaux Bridge Table at the January

★ ADULTS ONLY



★ COMING EVENTS ★

Hear what happened at Angel Fire and the Summit Trip \* JANUARY MEETING

Also Warren Miller Ski films

★ RODEO Group Tickets Purchased - See Sign Up Table \* FAMILY OPTIONAL CAMPOUT \* ROAD RALLY/TREASURE HUNT

★ PUB CRAWL ★ BEAUX BRIDGE

\* MARDI GRAS

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Texas Ski Council.

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Start 1990 by Kicking Up Your Heels at:

Johnny B. Daltons 13101 Kuykendahl Friday Night, January 19th

☆Get there by 7:30 and receive one free drink ticket

☆ No cover charge up to 8:00 p.m.

☆ Free buffet till 8:00 p.m.

Info Needed ??

call: Dan Simpson 540-8468

Go north on 45. Exit "Rankin/Kuykendahl". Go under 45 (by turning left) at FIRST major stoplight past the feeder road turn right (This is Kuykendahl). Go north about 1/2 mile. Dalton's is on your left.



## VP of Programs taken at the 25th Anniversary Party

Front: Lynn Eaton, Jan Livingston, Ann Batten Bishop, Kay Rainey Outlaw. Back: Jerry Montgomery, Tom Mercer, Layna Adams, Jerry Kearby, Judy Allen, Bob Cruse, Rudy Guerrero.

#### IN SYMPATHY

Ginger Howard's father, Edward Howard, passed away December 13. Our condolences go out to Ginger and her family.

The family has requested contributions in lieu of flowers to:

> Faith United Methodist Church P. O. Box 253 South Houston, Texas 77587

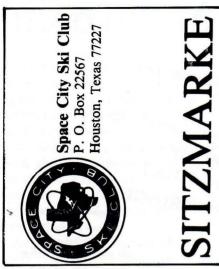
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### DATED MATERIAL — DO NOT DELAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	1	2	EXECUTIVE COMMITTEE MEETING	4	5	6 TEXAS SKI WEEK
7 TEXAS SKI WEEK	FINAL PAYMENT HEAVENLY All Trips	9 TEXAS SKI WEEK	10 TEXAS SKI WEEK	TEXAS SKI WEEK	12 TEXAS SKI WEEK	13 TEXAS SKI WEEK
14	SCSC GENERAL MEETING Holiday Inn Crowne Plaza 7:00 P.M.	16	17	18 WOLF CREEK	COUNTRY WESTERN DANCING WOLF CREEK	20 WOLF CREEK
21 WOLF CREEK	22 WOLF CREEK	23	24	HAPPY HOUR CALYPSO in the VILLAGE	26	27 WHISTLER
28 WHISTLER LAAX/FLIMS	29 WHISTLER LAAX/FLIMS	30 WHISTLER LAAX/FLIMS	31 WHISTLER LAAX/FLIMS		易。	

### **COMING ATTRACTIONS**

FEBRUARY
Salt Lake Trip
GENERAL MEETING
Happy Hour at The Rose on Richmond
Purgatory TSC Winter Shootout
Big Sky Trip
Mardi Gras

## FEBRUARY

				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	1	2	3