

NEWSLETTER sitzmarke

January 2017 Volume 52 Issue 8



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SITZMARKE — JANUARY 2017

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FROM MISSION CONTROL

BY BILL BOMBERGER, PRESIDENT

It is now time for some seriously fun skiing. The official Space City Ski and Adventure Club ski trips are now beginning! It is hard to believe after the record heat wave for Houston at Christmas that we are finally going skiing. Even with the southern heat wave, there is a lot of great snow in the mountains ready to be skied. Please be safe on your trips, follow the mountain rules and WEAR A HELMET.



Your Board of Directors has been working very hard on reviewing the club's standing rules and bylaws. We will be updating them to integrate changes that are needed to match the way our club operates today and will operate into the future. A big thank you goes to Marti Turner and Patti Finch who set up the documentation and created the first pass of revisions for the Board of Directors' review. For a club that is over 50 years old, and very successful, this needs to be done.

Yes, these are available for you to read at your pleasure. If you are a member of our club, you agreed to understand and follow them when you became a member or signed up for a trip or activity.

Yes, there is a lot to the operation of Space City Ski and Adventure Club. Please volunteer to be an officer, Trip Leader or Activity Coordinator to help keep us successful.

PROTECTIVE HELMETS

BY DEANNA POWER

The Importance of Wearing a Helmet When Skiing

You have probably noticed significantly more people are wearing helmets on the ski slopes these days than 10 years ago. Research has proven that while helmets don't necessarily prevent head injuries, they do significantly reduce the severity of those injuries. If you aren't yet wearing a helmet when you ski, now may be the time to invest in one.

Data reported from the National Ski Areas Association (NSAA) reveals that about 40 people have died each

year skiing or snowboarding during the last decade. In 2008, that is a fatality rate of about 3.9 per 1 million participants on the slopes. Research has shown that the likelihood of death from an accident on the slopes is decreased if a helmet is worn.

What Needs to be Done

Research shows that the injuries participants sustain during recreational snowboarding and skiing activities can cause significant levels of morbidity and mortality among those who enjoy participating in snow sports. The most significant cause of hospitalization from snowboarding and skiing crashes is traumatic head injury.

A study at Johns Hopkins revealed that none of the theories that helmets increase risky behavior or increase the odds of neck or cervical spine injuries are valid. Instead, it shows that a helmet can prevent death and decrease the severity of the trauma experienced.

Because the research shows that participants who wear helmets are more likely to suffer less serious head injuries, the Eastern Association for the Surgery of Trauma recommends that all skiers and snowboarders wear helmets when participating in alpine sports. Several other medical organizations are also following suit and making the same recommendation.

Setting an Example

If more adults would wear helmets on the slopes, it would set a good example for children. When children see the adult skiers and snowboarders wearing protective helmets, they are going to be more likely to wear helmets when they are participating in alpine sports. By doing this, more people would be wearing protective headgear on the slopes and severity of injuries and the number of deaths would decrease significantly.

Looking at the Numbers

The argument regarding the effectiveness of helmets was revived after the death of Natasha Richardson in 2009 after she suffered a fall on a Canadian ski slope that later resulted in her death. The director of Johns Hopkins' Center for Surgical Trials and Outcomes Research said that Richardson's death could have been prevented. She wasn't wearing a helmet when at low speed she tumbled backwards on a bunny slope for beginners. He said that with a helmet, the blow to the head wouldn't have been lethal. While there are many reasons to wear a helmet, your #1 reason should be to protect your life.

*This article was not written by a legal professional, and it is always your own choice to use a helmet when you ski. Just keep in mind that if you do wear a helmet, you may be saving lives.

COUNTDOWN TO LIFTOFF

BY CHUCK PENNA, VICE PRESIDENT OF TRIPS

I hope everybody had a happy and safe New Year. Well the 2017 ski season is officially here and starting January 7th our Vail trip will kick-off our busy schedule. We have trips planned for most weeks between now and mid-March. I hope most of you were able to get on one or more of these trips.



Due to a cancellation, we have one Land Only spot still available for a Single Male on Telluride.

The March TSCYF Family Optional Spring Break trip (March 12-16) has room for a single male or female and two full condos they can still fill. If not filled these condos will be dropped January 26th. There are over 35 from SCSC on this trip. Contact Cindy Moore at Marketing@spacecity.org for more information ASAP if interested.

As shared last month, the expected but yet to be approved 2018 ski trips will feature the [MAXPASS](#) which will be headed by: Steamboat, Big Sky and Winter Park/Copper Mountain. There are also other popular destinations included with the Pass, 39 as of today. This pass allows the holder to ski up to 5 days at each of the 39 resorts, so it isn't unlimited like the Epic pass but enough days to plan a week long trip.

Watch your email in late February for the 2018 ski trip survey. This survey will be used to decide what slate of ski trips to offer next season. In addition to the above trips I will be looking for input on other popular locations like: Snowmass, Sun Valley, Jackson Hole and other suggested locations. My goal is to offer trips that seem to have the most interest for the most members plus at least a few from [TheMaxPass](#). Because club trips will have an equal chance against winning TSC trips, we might not participate in all TSC trips offered next season.

I want to thank the 119 members who participated in

the Non-Ski Trip Survey. I have finished evaluating the results and will be sending out a summary once I get Executive Committee approval. **Watch your email accounts!**

The results showed a strong support for more Non-Ski trips and we will be trying to provide some additional trips soon. Only 9 people offered to run these trips, so I hope once we can get some more specifics about trips we will have a few more people throw their names into the hat. There was a near unanimous request to have daily optional activities, so a lot of planning will be required. It won't be like a ski trip where we just hand everybody a lift ticket and say have fun.

As mentioned we need Trip Coordinators to run these Ski and Non-Ski Trips. Please email me your application or express your interest by sending me an email: trips@spacecity.org.

I hope everybody has a great ski season and hope to see many of you on the slopes.

Cheers Chuck Penna

HAVING A BLAST

BY JO BARRIE, VICE PRESIDENT OF ACTIVITIES

Greetings and Happy New Year!

For those heading out to snow country, go take that mountain! For the rest of us, there is a January Happy Hour to look forward to. Join me at [Seasons52](#) on January 26th! (Westheimer location) Details available on our website.



A Super Bowl 51 Watch Party is on for SCSC Members! Big screen TV, friends, food, a football pool, and it's free! Location is at a private residence located near Wesleyan and Westheimer. There is no charge to attend, but members must RSVP on our website in advance. Bring your own beverage of choice and a dish to share.

Reflecting on the past year, I want to again give my

thanks and appreciation to all the wonderful people who have helped with our club's local activities in 2016: (in chronological order):

Craig Campbell - *Houston Rockets game coordinator*
Bill Bomberger - *Volunteer Crew Coordinator for the Chevron Houston Marathon*
Rita Cardenas, Stuart Traver, Leyla Ozkardesh - *Super Bowl Party hosts*
Marianne Pearce - *Horse, Camel and Ostrich Races coordinator*
Stuart Traver - *Top Golf coordinator*
Leslie Ward - *Pedal Party coordinator*
Diane Gresko - *East Coast Swing dance class - April and May coordinator*
Derek Shoobridge - *Galveston Sandcastle Volunteer Crew Coordinator*
Bil Cusack - *Sailing in Kemah coordinator*
Margaret McCord - *Pontoon Boat Weekend in Conroe coordinator*
Ali Pethick - *Stand Up Paddleboarding coordinator*
Melinda Hughes - *East Coast Swing dance classes June - July coordinator*
Stan and Linda Kuper, Bruce Lowther, Robert Clements - *hosts and grill masters for our Volunteer Appreciation Party*
Larry Hord - *Bowling coordinator*
George Sargent - *East Coast Swing & Nightclub Dance classes August - November coordinator*
Marsha Lutz - *Astros Game coordinator*
Stan Kuper - *Polish Feast culinary coordinator*
Mother Nature - *provider of great weather for our Buffalo Bayou Walk*
George Sargent - *Holiday Gala coordinator*

I am now making plans for March and April activities. Let me know what you would like to do! Don't sleep on it, contact me now!

Until next month,

Jo Barrie
VP Activities

RECRUITMENT UPDATE

BY LESLIE CASHIO, VICE PRESIDENT OF MEMBERSHIP

Space City Ski & Adventure Club currently has 473 active members and we want to add more new members! Please invite your friends, family and co-workers to check out our website or better yet, bring them with you to a meeting or a happy hour.



We are so much more than a snow ski club; we have activities and adventures to interest everyone, both skiers and non-skiers.

Remember, if you bring a guest to a meeting or happy hour, both you and your guest will get a Space City Ski Club koozie. And, you never know what kind of wonderful door prize we might be giving away at a general meeting.

It is easy to become a member, simply go to www.spacecity.org. Click "join" then "membership". If you have any questions contact me at membership@spacecity.org.

Leslie Cashio
VP - Membership

TEXAS SKI COUNCIL

Do you enjoy skiing, snowboarding, traveling with club members? If so, and you would be interested in serving at the state level, you are encouraged to complete the [Texas Ski Council](#) application. The application is located at:
<http://www.texas-ski.org/forms/forms.htm>

Please return the completed form no later than 1/18/17.

LAUNCH PREPARATION

BY CINDY MOORE, VICE PRESIDENT OF MARKETING

Greetings from your Vice President of Marketing!

2016 PHOTOGRAPH CONTEST RESULTS

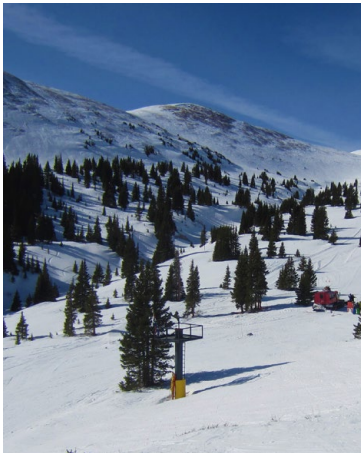
We chose 6 winners from all photographs submitted for our photo contest. Each winner will win his or her choice (while supplies last) of either an Amazon \$25.00 gift card or a Target \$25.00 gift card. Each winner will also have the honor of his/her photograph(s) being the cover photo for a Sitzmarke from January 2017 through June 2017. The winners are Melinda Hughes, Diane Stotz, Andy Cashio and Don Ledford with 3 different photos! Congratulations to all of you! Please email me at marketing@spacecity.org with your choice of gift cards. First come first served.



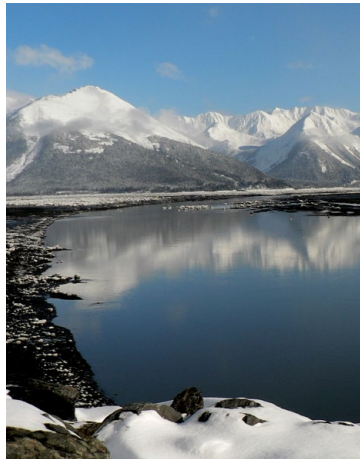
IMMEDIATE OPENINGS FOR KEYSTONE MARCH 12-16TH!

Come ski with me in KEYSTONE March 12-16th! We have room for one single male or female for your choice of the 6 or 4 night trip plus two full condos left for sign up for the 4 night trip until January 26th! We also still have air left to accommodate those condos but all excess air must be dropped January 26th. You can also drive! The land price is only \$504 per adult for 4 nights of lodging and a few parties. With 4 paid adults in the condo up to two kids (18 or under) can stay on the sleeper sofa for no charge! If you have an Epic pass to use for lifts, this is a deal you can't pass up! Get reimbursed by the TSC Youth Foundation \$50 per kid per all day ski or board lesson each kid takes for up to 4 days! Lunch is included in the lesson. We have lesson and rental special deals for all ages and levels. Email me at the email above or call me at 713-393-9588 if interested. Go to this link for the details and to sign up directly with Sports America: <https://spacecity.org/page-18235> . Call me if you need help with the sign-up.

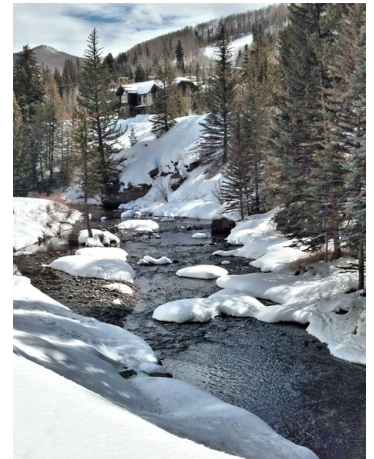
I will see you on the slopes!
Cindy Moore



Melinda Hughes



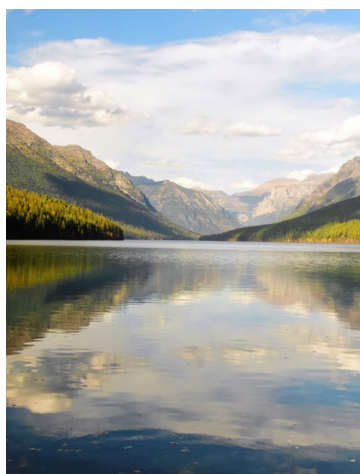
Andy Cashio



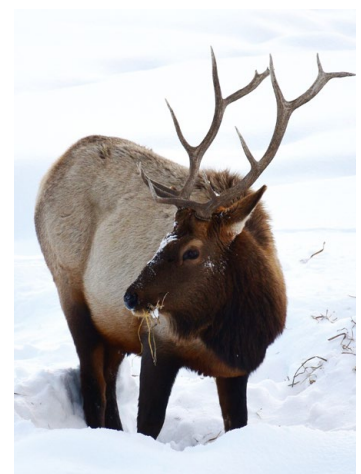
Diane Stotz



Don Ledford



Don Ledford



Don Ledford



WATCH PARTY!

**COME FOR THE GAME,
COME FOR THE COMMERCIALS,
COME FOR THE CAMARADERIE!**

**** MEMBERS ONLY ****

**Sunday, February 5, 2017
5:00pm - 9:00pm**

**No fee but RSVP required.
Get details and register at www.spacecity.org.**

**** JANUARY HAPPY HOUR ****

Thursday, January 26, 2017
5:30pm - 8:30pm

Seasons52
FRESH GRILL
DISCOVER WHAT'S GOOD NOW



SEASONS52
4410 Westheimer Rd. Houston, Texas 77027

Sample their terrific Small Plates for only \$5, Specialty Cocktails for \$8, Well Drinks \$6, Select Wines \$6, or choose Stella Artois, Sierra Nevada, Michelob Ultra, or Corona for only \$4.

****These prices end at 6:30pm,
but of course our happy hour continues!
Join Us!**

HOLIDAY GALA!

PHOTOS BY JO BARRIE, ELLEN EASTHAM, TAMI KAWASUGI





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for an appointment to fit and purchase top gear.**

281-435-5042

jjeans1@comcast.net



[CLICK HERE FOR MORE INFORMATION](#)

January 7 – 14, 2016

Full Package:
\$1486 per person

Land Only:
\$1260 per person



Trip Coordinator:
Anne Thomas
Anne@spacecity.org

Assistant Trip Coordinator:
Kate MacDougall



January 21-30, 2017

Photos courtesy of Club Med



[CLICK HERE FOR MORE INFORMATION](#)

Trip Coordinator:
Sandra McCunis
sandra@spacecity.org

Full Paradiski Only:
\$2970 per person

Paradiski Land Only:
\$1967 per person



Photographer: Jeff Scroggin

BRECKENRIDGE SKI RESORT

JANUARY 21 - 28, 2017

\$ 951 Full per person

\$759 Land per person

[CLICK HERE FOR MORE INFORMATION](#)



Trip Coordinator: Bil Cusack

Bil@spacecity.org



February 4-11, 2017

\$1251 Full per person

\$914 Land per person

Trip Coordinator:

Jim Jeans

jimjeans@spacecity.org



[CLICK HERE
FOR MORE
INFORMATION](#)

Photo (Left): Rashid Dahn
Photo (Right): Corey Rich





Photograph Courtesy of Park City Chamber of Commerce

LONG TRIP:

FEBRUARY 11-18, 2017

[CLICK HERE FOR DETAILS ON THE LONG TRIP](#)

SHORT TRIP

FEBRUARY 11-15, 2017

[CLICK HERE FOR DETAILS ON THE SHORT TRIP](#)



LONG:
\$ 1,507 Full
\$ 1,134 Land

SHORT:
\$ 717 Land Only

Trip Coordinator:
Melinda Hughes
melinda@spacecity.org



Assistant Trip
Coordinator:
Sandy Schneider



February 25, 2017 – March 4, 2017

[CLICK HERE
FOR MORE INFORMATION](#)



\$1628 Full per person
\$973 Land per person

Trip Coordinator:
Betty Donellan
bettyrelaw@spacecity.org





Photographer: Jack Affleck

[CLICK HERE
FOR MORE INFORMATION](#)

March 12-16, 2017
\$504 per Adult
Land Only

SCSC Trip Contact:
Cindy Moore
marketing@spacecity.org
713-393-9588



August 23-31, 2017
\$3098 Full per person
\$2283 Land per person

[CLICK HERE
FOR MORE INFORMATION](#)



Photographer: Dieter Schweizer



Trip Coordinator: Jan Ferrell
Jan@spacecity.org



Photographer: Diego Delso



Assistant Trip Coordinator:
Ellen Eastham
Ellen@spacecity.org

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TEXAS SKI COUNCIL YOUTH FOUNDATION

As you know, the Texas Ski Council Youth Foundation (TSCYF) was created to help promote outdoor family exercise in the winter months. By helping families fund participation in group ski and snowboard trips, they help our youth gain a responsibility and respect for the outdoor environment as well as promote fitness and self-esteem. Promoting winter sports is a great way to grow the TSC and we are looking for someone to lead the Foundation. If anyone is interested in being considered for President of the TSCYF, please send me your contact information so that I can reach out to you or you can contact me at aryowman@aim.com. Thank you for your consideration.

Andrea Yowman, TSC President

EXTRAVEHICULAR ACTIVITIES

UPCOMING EVENT CALENDAR

JANUARY 26
HAPPY HOUR at *Seasons 52*

FEBRUARY 5
SUPER BOWL WATCH PARTY

FEBRUARY 23
POST OAK GRILL

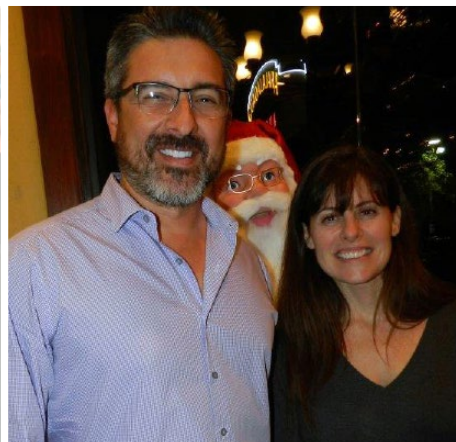


BUFFALO BAYOU WALKERS

HAPPY HOUR SMILING FACES

GUADALAJARA HACIENDA

PHOTOS BY JUDY SCHIRO AND RON HAYES



Our Leadership Team

President	Bill Bomberger	president@spacecity.org
Vice President of Activities	Jo Barrie	activities@spacecity.org
Vice President of Trips	Chuck Pena	trips@spacecity.org
Vice President of Membership	Leslie Cashio	membership@spacecity.org
Vice President of Marketing	Cindy Moore	marketing@spacecity.org
Treasurer	Maria Koteras	treasurer@spacecity.org
Secretary	Ann Dorn	secretary@spacecity.org
Auditor	Keith Kirkman	auditor@spacecity.org
Director of Public Relations	Ross Baker	ross@spacecity.org
Director of Trips	Beverly Roberts	beverly@spacecity.org

Our Board of Directors 2016-2017

Chairperson	Melinda Hughes	melinda@spacecity.org
Director	Jim Hodges	jim@spacecity.org
Director	Marti Turner	marti@spacecity.org
Director	Sandy Fowler	sandy@spacecity.org
Director	Ali Pethick	ali@spacecity.org
Director	Patti Finch	patti@spacecity.org
Director	George Lopez	george@spacecity.org

Space City Ski and Adventure Club is a proud member of the Texas Ski Council and the National Ski Council Federation.



TEXAS SKI COUNCIL



JANUARY GENERAL MEETING

6:30-8:30pm Monday
January 16, 2017

LIVE OAK BAR AND GRILL
10444 Hempstead Road
Houston, Texas 77092

Don't miss the January 16th General Meeting at [Live Oak Bar and Grill](#). Mingle, eat and drink with your friends and possibly win a great gift card door prize!

Easy to find outside of the 610 Loop, West of Hwy 290, on Hempstead Road just west of Dacoma.



Sitzmarke

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Don Ledford. *The Matterhorn*.

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SUBSCRIPTIONS

Members are emailed a link to the Sitzmarke each month. Non-members may download the newsletter from our website in the *About Us/Club Documents* section on www.spacecity.org

GENERAL INQUIRIES

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www.spacecity.org

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